



# Stonelow Junior School Child Friendly Anti-Bullying Policy

## **Bullying :-**

- is when someone hurts your feelings, threatens you or hurts you physically several times, **NOT JUST ONCE**.
- can happen on the way to school, in the playground, on the internet, through phones or games consoles (cyber bullying).

## **What should I do if I am being bullied?**

- Try telling the bully to stop.
- Tell an adult in school. If you are uncomfortable doing this, ask a friend to speak to an adult for you.
- **DON'T** do it back to them.

## **What should I do if I see bullying?**

- Try telling the bully to stop.
- Tell an adult in school that you think someone might be being bullied.
- **DON'T** copy the bully.
- **DON'T** just stand by and watch.